18. Guía de supervivencia del gobierno para la programación neurológica y las armas de tortura

Government Neurological Programming and Torture Weapon Survival Guide Chemical Defenses: Valium – Dr. Persinger mentions that benzodiazepines change the brain rhythms. The run away adrenal heart attack/stroke method can be stopped. Psychiatrists won't prescribe it if you tell them the truth. Just talk about panic attacks to get it. Ambien – Great sleep aid. The "electronic caffeine" testing will keep you up for days. It can even over power Ambien during the strongest attacks. Less sleep one gets the weaker the mind and will become and the EEG cloners gain more control in this run away process. Beta-Blockers – Stops the brain from being able to increase the heart rate. Solid defense against the remote controlled heart attack and stroke weapon. I've only found a handful of government projects that were successfully killed or paralyzed in this way. Most had pre-congenital conditions or were older. Healthier people just pass out after it gets too intense. Long term arrhythmias and other heart diseases can be induced too, so taking Beta-Blockers with aspirin will increase your survival duration. Psychological Defenses: Selective Sharing of the Experiments Being Conducted on You DoD/CIA torture projects should use their own judgment. I am sorry that I must give this advice. But from my hundreds of interviews it appears that not sharing your situation with family and friends is the best approach. Join the many support organizations around the country and world and vent there. The human batteries will not understand nor believe the technology. An acceptable standard of selfishness has been instilled in Americans. Unless they are experiencing the same pain they will not join the fight. They have been dumbed down over the decades intentionally for these projects to go unnoticed. They often will distance themselves from the victim rather than educating themselves on the material and help their countrymen. The scripts require the zombiloids (DoD CIA torture testers) to get the subject discredited through a diagnosis by an unwitting psychologist as bipolar or schizophrenic if the subject says they can hear speech. If you can stay away from this diagnosis you can still infiltrate the DoD and pass the security clearance checks to help expose the fascist takeover as a whistle blower. You have the right to defend yourself – Don't be intimidated by the zombiloids, i.e. agents. They are under a strict protocol only to stalk and intimidate not to kill or attack. Remember that depression, despair, desperation is the psychological state that they are trying to achieve. Stay as positive as you can in this dark, disgraceful age of American history. Do not allow them to commit a lone act of violence using your body with either psychological controls or direct EEG cloning. Neither the uni-bomber nor the Oklahoma bomber got national attention brought to this issue. Perhaps if one thousand people acted together, the cover-up would be far more difficult if they all claimed government torture and mind control. That's a coincidence that would require extreme resources to silence the presses. Meditation – Quieting the brain is the goal. Remember all biocommunication technology relies on the amplification of neuronal paths already present. Less neural chatter, the less influence the technology has. Using an EEG biofeedback device to measure activity can help you practice, as well as collect some of the brain wave signatures the civilian defense scientists are using to reverse engineer the torture weapon. More samples we can get the sooner we will have a baseline cognitive model to design defensive tactics against the external electromagnetic influences. Education – More you understand about the physics, politics, and psychology related to the large scale psychotronic tortures, the less effective their attempts become and the worse their data points will be. Hypnotic defenses : The CIA RHIC program is still going strong. New targets will not be able to mentally cope with the induced hypnosis very well. It's effectiveness often subsides in a few months. An EEG cloning lock is like a hypnotic state. Breaking the lock is the goal. Find distractions that engross your mind, like reading, television, or sports. Some find certain

music, pulsing or ringing sounds to break the trance. Non regular beats are preferable. Hot or cold pads on your skin will help wake you up from the electronically induced hypnosis. Some use a vibrating seat cushion. Physical defenses : Different kinds of charge collecting material helps many people. Thick leather acts like an outer skin and absorbs much of the radar energy. Velvet, Saran wrap, cotton, and other electrostatic materials seem to help partially disrupt either the electron spin resonance imaging techniques or bioelectric field modulation. Stay healthy and get plenty of sleep. Many people disconnect from the EEG cloning lock during sleep because of the irregular brain rhythms. Longer the target can stay unlocked, the longer it takes the attacker to acquire a lock. Remember that the “Shadow government” wants the subject to live a short life so that these experiments are more easily covered up and forgotten. They aren’t planning to inform the tax paying public about this weapon until the year 2025. By then most of us will have died off . They amplify all self destructive urges like smoking for example. Shielding : This is the most unintuitive capability of this weapon. Faraday cages and thick metal chambers do not block the weapon due to there being several signal and surveillance modalities. Shielding that has worked for many targets include: Mylar blankets – Covering the walls, windows, and ceiling with loosely hanging metalized plastic blankets connected with alligator clips and grounded to the buildings plumbing or third prong in an outlet works for many to reduce the pain signal influence and synthetic telepathy denial of service attacks. Magnetic jewelry or wider area magnetic field disruptors. Spinning neodymium magnets on a slow rotating motor changes the magnetically aligned landscape used as a masking background for Earth gauss MRI type surveillance. Negative Ionizer dumps – Charging up spots around areas with a hand held ionizer creates lots of local changing pockets of electric fields that the adaptive algorithms and ionospheric heaters (HAARP, Colorado, Peurto Rico facilities) have difficulty keeping up with. Research in this area is the most promising and active. Electric field disruptors – Defeating the ionospheric heaters, as they are mismarketed by the DoD, is difficult. The general concept is that they heat up ions to the same “temperature” electrostatically. Think of this like a charging field. Oscillating, overheating, or discharging this electrostatic “temperature” will disable this type of surveillance technique and not allow a biocommunication signal lock on. Using the same mylar blankets with 10,000v or above from a negative ionizer circuitry, one can create two or more large capacitive panels where a strong electric field that diminishes the treatorous DoD/CIA attacks. The voltage and capacitance of the large plates will only give you a static shock and presents no danger to life if they are touched. To further improve the shields, constant modulation in a semichaotic slow pattern prevents adaptation by the “evil Nazi aliens” running the brutal practice targeting exercises. Who needs enemies when we have the CIA and Department of Defense attacking us? Superconductor Shields – Superconductors act as a 100% magnetic mirror. These very expensive shields block traditional Radar imaging and Infrared imaging because they need to be cooled with liquid nitrogen. Several scientists also hypothesize that scalar fields are deflected i.e.(interferometric stealth scatter radar). Work is underway to valid this type of shield. Yttrium, Barium, Copper Oxide (1,2,3) is used for the high temperature ceramic plates being grown.

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